**Witness Questions for the Forgiveness Letter**

**A. Please read the letter just as you wrote it.**

**(Person reads the letter)**

* 1. **How does it feel to hear this apology?**
	2. **In this situation, what roles did you cast the other person in?**
	3. **What roles did you cast yourself in?**
	4. **What roles did the other person cast you in?**
	5. **As far as you can observe, what roles did the other cast themselves in?**

**B. Now read the letter again and this time read it as if this is the apology letter YOU wrote to THEM .**

**(Person reads the letter turning it around to the "other")**

* 1. **How does it feel to give this apology?**
	2. **As you reread it did you notice if you still cast the other person in the same role as before?**
	3. **Did you notice if you were in the same role you cast yourself.**
	4. **Does this situation look any different to you from this perspective?**

**c. Now read the letter again and this time read it as if this apology letter is a letter YOU wrote to YOURSELF. Please slow it down so you can really FEEL your apology.**

**(Person reads the letter turning it around to themselves)**

* 1. **How does it feel to give this apology to yourself?**
	2. **As you reread it did you notice any recurring roles that you have played out with yourself**
	3. **Did you notice more deeply how you have limited yourself with these roles?**
	4. **Does this situation look any different to you from this perspective?**

**What roles can you recast the other person in that would serve you both?**

**What roles can you recast yourself in that would serve you, the other person, and the world.**